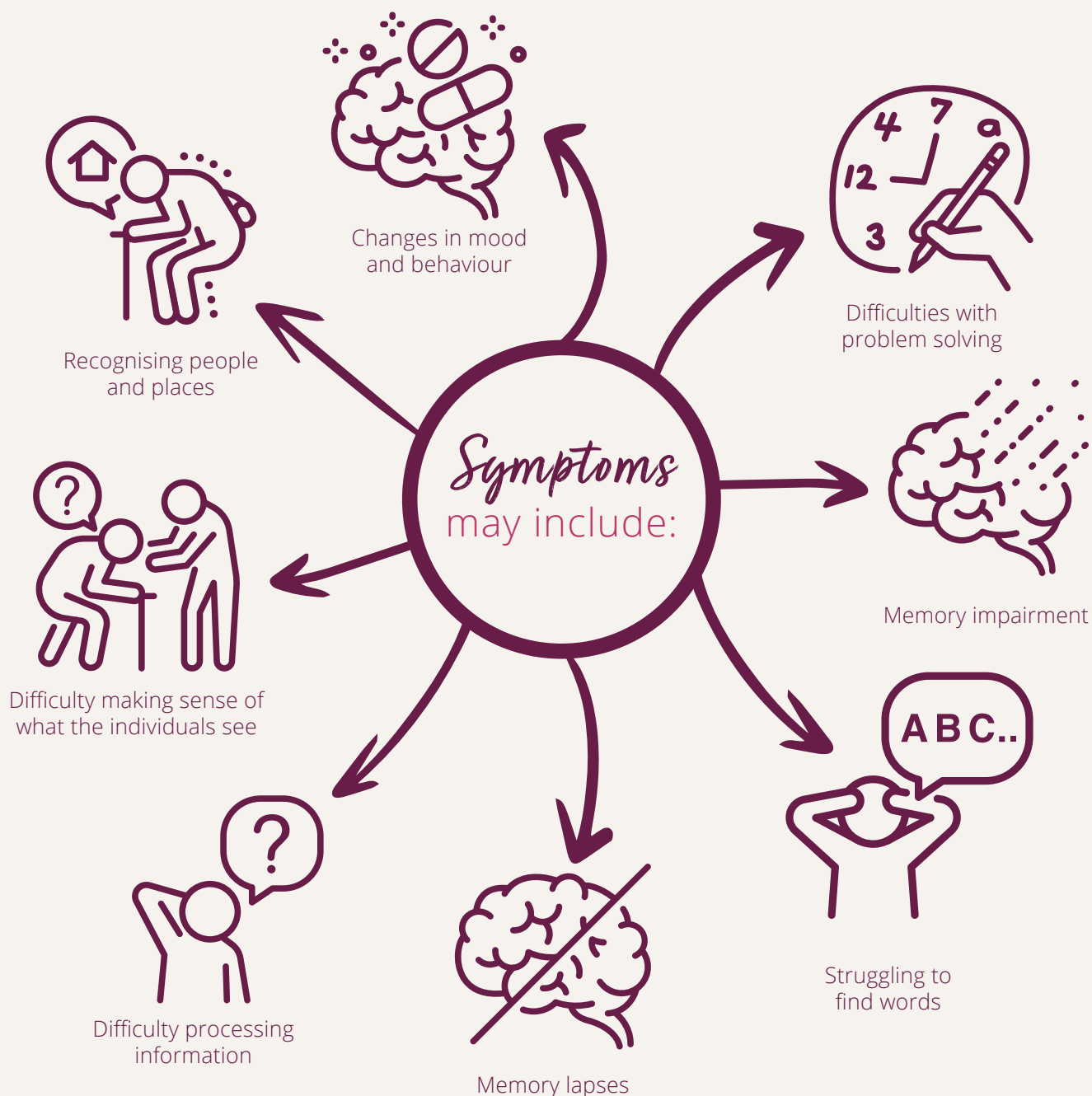


What is dementia?

Dementia is progressive and is caused when the brain is damaged by illnesses such as Alzheimer's disease or strokes. Everyone is unique and will experience dementia in their own way. Different types of dementia will affect people in different ways. How people respond to the person with dementia and their environment are other factors that will impact on how well someone lives with dementia.



More help

The [Polish Alzheimer's Association](http://www.alzint.org/member/polish-alzheimers-association) can provide you with more help, including factsheets, materials and training for people supporting someone living with dementia.

www.alzint.org/member/polish-alzheimers-association

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